



Dear Community School Families,

As you all know, it is flu season and with the number of reported cases of the flu/influenza on the rise and ongoing reports of the coronavirus, you may have some questions or concerns. The safety and wellbeing of our students, faculty and staff, and families is always our foremost priority. The [Centers for Disease Control](#) (CDC) and the [World Health Organization](#) (WHO) are two resources we monitor to stay abreast of global and local health concerns. We continue to monitor news about the Wuhan coronavirus and encourage all families to do the same.

It is important to remember the coronavirus is presently less of a threat than the flu in the United States; however, **travelers to China should not be on Community School campus for 14 days after their return**. In addition, to prevent widespread flu in the school, we recommend that your child stay home from school if experiencing flu or cold symptoms.

Keep your child at home for treatment and observation if he or she has any one of these symptoms:

- A fever. Your child should stay home until at least 24 hours after he or she is fever free without the use of fever-reducing medicines (any medicine that contains ibuprofen or acetaminophen)
- Vomiting (even once)
- Diarrhea (even once)
- Chills
- General malaise or feelings of fatigue, discomfort, weakness or muscle aches
- Frequent congested (wet) cough
- Lots of nasal congestion with frequent blowing of nose

To help prevent the spread of colds, influenza or other viral infections, remind your children good hygiene habits:

- Wash hands frequently
- Do not touch eyes, nose or mouth
- Cover mouth and nose when sneezing or coughing. Use a paper tissue, throw it away and then wash hands
- Avoid close contact with people who are sick

Community School is taking every precaution to maintain a healthy environment at school.

Thank you for doing your part. If you have a confirmed case of influenza, please email your child's teacher, let the school nurse, Trish Reeb, know, or contact the main office.

Thank you,

Bob and Trish

Bob Cooke

Head of School

Trish Reeb

School Nurse